



Glynneath 5 Mile Race

& Fun Run Every Boxing Day

Glynneath AC

Glynneath Boxing Day 5 Miles

Race Start at 11:00am

Event Details

- A **traffic free** course with mile distance markers
- **Fast** course; suitable for serious runners & fun runners
- **Memento** to all entrants and **trophies** for category winners. **Prizes** for male & female race winners
- **Prize for the best fancy dress** and loads of spot prizes. Over 100 prizes in total.
- Toilet facilities, **parking** & refreshments available at event
- **Special categories** to include; Father & Son or Daughter, Mother & Son or Daughter, Husband & Wife
- **1st aid cover** provided by St. John Ambulance
- **Entry on day and presentation at Glynneath Social Club**
- For **further details** please visit www.Glynneath5.co.uk

ENTRY DETAILS MUST BE COMPLETED ACCURATELY, CLEARLY AND IN FULL

Surname:-	First Names:-
Address 1:-	Address 2:-
Town / City:-	County:- Post Code:-
Telephone:-	Email:-
Male / Female (Insert M or F)	<input type="text"/>	Age (On day of race)	<input type="text"/> DOB:-
UKA Affiliated (Insert Yes or No)	<input type="text"/>	UKA Registration Number:-
First Claim Club:-		
Category male:-		
	Category female:-	

Entry Fee:- Affiliated to Welsh Athletics or UK Athletics - **£8** Not Affiliated - **£10** Entries on Day - **£12**

Closing date for postal entries is:- **23rd Dec** **Cheques** made payable to:- **Gynneath AC**

Race numbers, and race pack to be collected at event headquarter on morning of event

PLEASE ADVISE where race found:-

DECLARATION:- I declare that I will abide by the rules of UK Athletics. I will be 17 years or over on the day of the race . I accept that the organisers will not be responsible for any loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event, however caused. I further declare that you may use my name, voice or picture in any broadcast, telecast, promotion or other account. I consent to the use of my name or records pursuant to the Data Protection Act 1998

Signed:- **Date:-**

Please return entry forms to:- Arthur Phillips, 30 New Street, Glynneath, Neath. SA11 5AG

Or contact Arthur:- Tel (Home):- 01639 722508. Email:- enquiries@Glynneath5.co.uk

ENTER ONLINE @ ... <http://regonline.activeeurope.com/g5mile>